



# COVID 19

ASHBY PARVA CORONAVIRUS UPDATE 18-03-2020

## CONTACT

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Byron Richards  
01455 202659  
[ashbywatch49@btinternet.com](mailto:ashbywatch49@btinternet.com)

Tim Ottevanger  
01455 209410  
[ottevanger43@gmail.com](mailto:ottevanger43@gmail.com)

## ADVICE NOTICE

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### TO ALL RESIDENTS OF ASHBY PARVA

Advice notice,  
It seems we are now entering the next phase of this current Pandemic and by the weekend we may have to implement our contingency plans.

**For those over 70s and those with underlying health issues**, please adhere to the government and health advisers' guidelines. I'm sure we are all aware of these by now.

Residents within this group may require help in obtaining essential supplies. If you fall into this category and do not have support from family and friends, we have a list of volunteers from within our community who will assist. The two main items will be essential shopping and prescription ordering and delivery. It will be helpful if you have the means to arrange for these yourself via family and friends, but if **NOT**, please contact either Tim or myself and we will guide you to one of our volunteers.

If you need ANY form of help, please do not hesitate to contact us, even if it's just for a chat.  
The priority is to stay safe and healthy.

Sincerely,

Byron and Tim